

## *Responding effectively to suicidality when working online with clients*

### Webinar Questions

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Q1: Risk management strategies relating to supporting clients who may be at risk of suicidality when working with them online include:

Select all those that apply:

- a. Having clear agreement at the initial and follow up sessions about managing concerns about safety
- b. Consider what assessment tools are appropriate and how they'll be implemented
- c. Trust your relationship skills and processes in working with clients
- d. Having phone numbers to call if the connection drops out
- e. Nothing additional is required compared to a face to face session
- f. Checking where the client is physically in the event you need to call for help
- g. Having an emergency contact in case there is a need to contact someone

Q2: Joiner's Interpersonal Psychological Theory (2005) includes which interacting constructs:

Select all that are appropriate:

- a. Thwarted belongingness
- b. Entrapment
- c. Perceived burdensome
- d. Acquired capability for suicide
- e. Defeat and humiliation

Q3: A number of potential protective factors have been highlighted in research in the field of suicide prevention.

Select one response which is not considered to be a protective factor in suicide prevention:

- a. Family cohesion
- b. Connectedness/sense of belonging
- c. Personal resilience and problem-solving/coping abilities
- d. Gender
- e. Self-esteem, perceived competence
- f. Hopefulness and plans for the future
- g. Help seeking behaviours

Correct answers:

1. a, b, c, d, f, g.
2. a, c, d.
3. d